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Fenomen varalice

/ *The Impostor Phenomenon*

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Fenomen varalice psihološki je konstrukt ili ponašanje pojedinca koji sebe smatra intelektualnim prevarantom, nedostatno kvalificiranim za svoje uspjehe, unatoč tomu što ih je potigao vlastitim trudom i znanjem. Ovaj fenomen smanjuje samopouzdanje, samopoštovanje i cjelokupno psihičko blagostanje. Predstavit će se rezultati istraživanja ovog fenomena među studentima riječkog, zagrebačkog i sarajevskog sveučilišta. Tijekom radionice provest će se *Clance test* o fenomenu varalice te raspraviti o njihovim rezultatima. Radionica je namijenjena specijalizantima i mlađim specijalistima s obzirom na to da je ovaj fenomen prisutniji u studenata biomedicinskih studijskih programa. Trajanje radionice je 90 minuta, očekivani broj sudionika je do 30 te je potrebna prijava za radionicu.

The impostor phenomenon is a psychological construct or pattern of behavior in which an individual regards themselves as an intellectual fraud, insufficiently qualified for their achievements, despite having attained them through their own effort and knowledge. This phenomenon reduces self-confidence, self-esteem, and overall psychological well-being. The results of a study of this phenomenon among students at the universities of Rijeka, Zagreb, and Sarajevo will be presented. During the workshop, the Clance test will be administered, and the participants' results will be discussed. The workshop is intended for residents and early-career specialists, given that this phenomenon is more prevalent among students in biomedical study programs. The workshop will last 90 minutes, the expected number of participants is up to 30, and registration is required.