

## In memoriam

### */ Obituary*

Sjećanje na Vlastu Rudan

*/ Memory of Vlasta Rudan*

Prof. dr. sc. / Prof., PhD

(11. ožujka 1948. – 17. kolovoza 2025.)

/ (11 March 1948 – 17 August 2025)



Vlasta Rudan rođena je u Zagrebu 1948. godine. Njezina majka bila je psihijatar na KBC-u Zagreb (prof. dr. sc. Duška Blažević), suprug Pavao Rudan je akademik (član HAZU-a) i redoviti profesor antropologije, a sin dr. sc. Duško Rudan psihijatar je na Klinici za psihijatriju i psihološku medicinu KBC-a Zagreb i asistent na Medicinskom fakultetu. Medicinski interesi prof. Vlaste Rudan bili su psihodinamska psihijatrija, dječja i adolescentna psihijatrija, psihoterapija i psihoanaliza djece i odraslih.

Vlasta Rudan diplomirala je 1971. na Medicinskom fakultetu Sveučilišta u Zagrebu. Godine 1976. završila je Poslijediplomski studij „Psihoterapija” na Medicinskom fakultetu Sveučilišta u Zagrebu, a 1976. položila je specijalistički ispit iz psihijatrije. Od 1978. zaposlena je na Odjelu, zatim Poliklinici za dječju i adolescentnu psihijatriju i psihoterapiju Klinike za psihološku medicinu KBC-a Zagreb. Godine 1981. obranila je magistarski rad, a 1995. obranila je doktorat medicinskih znanosti na Medicinskom fakultetu Sveučilišta u Zagrebu. Godine 1982. postala je edukator iz dinamski orijentirane obiteljske, bračne i partnerske terapije. Akademске godine 1983./1984. bora-

Vlasta Rudan was born in Zagreb in 1948. Her mother (Prof. Duška Blažević, MD, PhD) was a psychiatrist at the University Hospital Centre Zagreb, her husband Pavao Rudan is an academician (member of the Croatian Academy of Sciences and Arts) and Full Professor of Anthropology, while her son, Duško Rudan, PhD, is a psychiatrist at the Department of Psychiatry and Psychological Medicine of the University Hospital Centre Zagreb and Teaching Assistant at the School of Medicine. Prof. Vlasta Rudan’s medical interests included psychodynamic psychiatry, child and adolescent psychiatry, psychotherapy, and psychoanalysis of children and adults.

Vlasta Rudan graduated from the University of Zagreb School of Medicine in 1971. In 1976, she completed the Postgraduate Program of Psychotherapy at the same institution, and that same year she passed the specialist examination in psychiatry. From 1978 onward, she was employed first at the Hospital Ward, and afterwards at the Polyclinic for Child and Adolescent Psychiatry and Psychotherapy of the Department of Psychological Medicine at the University Hospital Centre Zagreb. In 1981, she defended her master’s thesis, and in 1995 she defended her PhD in medical sciences at the University of Zagreb School of Medicine. In 1982, she became an educator in dynamically oriented family, marital, and couples’ therapies.

vila je u Psychoanalytic Institute – Baltimore, Washington, D. C., USA. Godine 1988. postala je supervizor iz analitičke psihoterapije, a iste je godine bio i njezin studijski boravak u Washington, D. C., USA radi organizacije liječenja adolescenata s psihičkim smetnjama u hospitalnim uvjetima. Godine 1997. postaje naslovni docent na Katedri za psihijatriju i psihološku medicinu za predmet Psihološka medicina za potrebe dodiplomske i poslijediplomske nastave na Medicinskom fakultetu Sveučilišta u Zagrebu. Godine 1998. završava užu specijalizaciju iz dječje i adolescentne psihijatrije, a 2001. postaje docent u kumulativnom radnom odnosu. Od 2001. postaje direktni član Međunarodnog psihoanalitičkog udruženja (IPA), a od 2003. psihoanalitičar za djecu i adolescente IPA-e. Godine 2003. postaje izvanredni profesor u kumulativnom odnosu na Katedri za psihijatriju i psihološku medicinu Medicinskog fakulteta Sveučilišta u Zagrebu. Godine 2009. postaje redoviti profesor u kumulativnom odnosu na Katedri za psihijatriju i psihološku medicinu Medicinskog fakulteta Sveučilišta u Zagrebu. Od 2008. voditelj je Dnevne bolnice za adolescente Klinike za psihološku medicinu KBC-a Zagreb, a od 2011. voditelj Specijalističkog zavoda za psihoterapiju Klinike za psihološku medicinu KBC-a Zagreb. Održavala je predavanja, seminare i vježbe u dodiplomskoj nastavi na Medicinskom fakultetu Sveučilišta u Zagrebu za predmete Psihološka medicina i Dječja i adolescentna psihijatrija u okviru predmeta Psihijatrija Katedre za psihijatriju i psihološku medicinu. Bila je voditelj nastave Psihološka medicina i dječja i adolescentna psihijatrija na dodiplomskom studiju Medicinskog fakulteta na engleskom jeziku. Sudjelovala je u specijalističkom poslijediplomskom studiju na Medicinskom fakultetu Sveučilišta u Zagrebu na studiju Psihoterapija, bila je voditeljica specijalističkog poslijediplomskog studija Dječja i adolescentna psihijatrija u kojem je razvijala kolegije Adolescentna psihijatrija i Opća psi-

During the 1983/1984 academic year, she undertook advanced training at the Psychoanalytic Institute in Baltimore, Washington, D.C., USA. In 1988, she became a supervisor in analytic psychotherapy, and in the same year she completed a study visit in Washington, D.C., USA, focused on the organization of hospital-based treatment for adolescents with mental disorders. In 1997, she was appointed Adjunct Assistant Professor at the Department of Psychiatry and Psychological Medicine for the course Psychological Medicine, contributing to both undergraduate and postgraduate teaching at the University of Zagreb School of Medicine. In 1998, she completed subspecialty training in child and adolescent psychiatry, while in 2001 she was appointed Assistant Professor in a joint appointment. As of 2001, she became a direct member of the International Psychoanalytical Association (IPA), and as of 2003, an IPA-certified psychoanalyst for children and adolescents. In 2003, she was promoted to Associate Professor in a joint appointment at the Department of Psychiatry and Psychological Medicine of the University of Zagreb School of Medicine, and in 2009 to Full Professor in a joint appointment at the same Department. As of 2008, she served as Head of the Day Hospital for Adolescents at the Department of Psychological Medicine, University Hospital Centre Zagreb, and as of 2011 as Head of the Specialist Institute for Psychotherapy of the same Department. She delivered lectures, seminars, and practical classes in undergraduate medical education at the University of Zagreb School of Medicine, as part of the courses Psychological Medicine and Child and Adolescent Psychiatry within the subject of Psychiatry at the Department of Psychiatry and Psychological Medicine. She was the Head of Teaching for Psychological Medicine and Child and Adolescent Psychiatry in the English-language undergraduate study program at the School of Medicine. She also participated in specialist postgraduate education at the University of Zagreb School of Medicine, within the postgraduate study program of Psychotherapy, and served as Head of the specialist postgraduate study program Child and Adolescent Psychiatry, where she developed the courses Adolescent Psychiatry and General Psychopathology. She additionally contributed to postgraduate teaching in

hopatologija. Sudjelovala je u poslijediplomskoj nastavi u poslijediplomskom studiju Školska medicina i poslijediplomskom studiju Obiteljska medicina. Sudjelovala je u nastavi na Edukacijsko-rehabilitacijskom fakultetu Sveučilišta u Zagrebu, gdje je vodila kolegij Psihoterapija.

Od 1986. do 1992. tajnica je Hrvatskog društva za psihoterapiju HLZ-a. Od 1992. do 1998. dopredsjednica Hrvatskog društva za psihoterapiju. Od 1995. do 2003. predsjednica je Hrvatskog društva za dojenačku, dječju i adolescentnu psihijatriju, član Europskog i Međunarodnog društva za dječju i adolescentnu psihijatriju i pridružene struke. Od 2001. do 2004. predsjednica Hrvatske psihoanalitičke grupe, od 2004. predsjednica Zagrebačkog psihoanalitičkog foruma, od 2005. edukator i supervizor iz suportivne psihoterapije u Psihijatrijskoj bolnici za djecu i mladež (Kukuljevićeva). Od 2000. do 2008. predsjednica je Hrvatske psihoanalitičke studijske grupe Internacionalnog udruženja psihoanalitičara (IPA) i Europske psihoanalitičke federacije (EPF). Godine 2011. imenovana za predsjednicu Hrvatskog društva za psihoanalitičku psihoterapiju. Osim navedenog bila je član i predsjednik stručnih i organizacijskih odbora brojnih znanstvenih skupova te član više radnih skupina Ministarstva zdravstva Republike Hrvatske.

Od 1988. aktivno sudjeluje u znanstvenim projektima: Adolescencija – istraživanje razvojnih, dijagnostičkih i preventivnih aspekata, Antropološka istraživanja populacijske strukture Hrvatske, The study and care of refugee families – A pilot study of anthropological and psychodynamic aspects, UNESCO, Antropološka istraživanja populacijske strukture Hrvatske – tema: Populacijska struktura Hrvatske – Sociokulturni pristup. Od 2000. voditelj je znanstvenog projekta Prevencija mentalnog zdravlja djece i adolescenata u Republici Hrvatskoj – Roditeljsko uočavanje emocionalnih teškoća

the School Medicine and Family Medicine study programs. She taught at the Faculty of Education and Rehabilitation Sciences of the University of Zagreb, where she led the course on Psychotherapy.

From 1986 to 1992, she served as Secretary of the Croatian Association for Psychotherapy within the Croatian Medical Association. From 1992 to 1998, she was Vice President of the Croatian Association for Psychotherapy. From 1995 to 2003, she served as President of the Croatian Society for Infant, Child and Adolescent Psychiatry, and was a member of the European and International Associations for Child and Adolescent Psychiatry and Allied Professions. From 2001 to 2004, she served as President of the Croatian Psychoanalytic Group, from 2004 she was President of the Zagreb Psychoanalytic Forum, and from 2005 she acted as an educator and supervisor in supportive psychotherapy at the Psychiatric Hospital for Children and Adolescents (*Kukuljevićeva*). From 2000 to 2008, she was President of the Croatian Psychoanalytic Study Group within the International Psychoanalytical Association (IPA) and the European Psychoanalytical Federation (EPF). In 2011, she was appointed President of the Croatian Association for Psychoanalytic Psychotherapy. In addition, she served as a member and chair of professional and organizational committees of numerous scientific conferences, and as a member of several working groups formed by the Ministry of Health of the Republic of Croatia.

As of 1988, she actively participated in scientific research projects: Adolescence – a Study of Developmental, Diagnostic, and Preventive Aspects; Anthropological Research on the Population Structure of Croatia; The Study and Care of Refugee Families – A Pilot Study of Anthropological and Psychodynamic Aspects (UNESCO); Anthropological Research on the Population Structure of Croatia – topic: Population Structure of Croatia – A Sociocultural Approach. As of 2000, she served as principal investigator for the scientific projects Prevention of Mental Health Problems in Children and Adolescents in the Republic of Croatia – Parental Recognition of Emotional Difficulties in Children – A Contribution to Early Diagnosis; Emotional and Behavioral Problems of Children

u djeteta – doprinos ranoj dijagnozi, Emocionalni i ponašajni problemi djece i adolescenata u Republici Hrvatskoj i Prediktivna vrijednost procjene emocionalnih i ponašajnih problema u mladima.

Sudjelovala je u prijedlogu nove specijalizacije iz dječje i adolescentne psihijatrije pri Ministarstvu zdravstva RH, zajedno s prof. Vesnom Vidović. Godine 1995. odlukom Skupštine Zbora dodijeljena joj je Povelja Hrvatskog liječničkog zbora za doprinos medicinskoj znanosti i struci te za razvoj zdravstvene zaštite u Republici Hrvatskoj.

Bila je aktivna na psihijatrijskim kongresima i kongresima dječje i adolescentne psihijatrije (kongres Europske unije pedopsihijatarata, međunarodni kongresi dječje i adolescentne psihijatrije, međunarodni kongresi psihoanalitičara, Konferencija Europske psihoanalitičke federacije; nekoliko hrvatskih kongresa psihijatarata i Hrvatski kongres dječje i adolescentne psihijatrije, gdje je bila i organizator kongresa).

Prof. Vlasta Rudan bila je poznata kao vrstan kliničar, uz to znanstvenik i organizator brojnih skupova te edukator nizu kolega iz područja psihoterapije, psihijatrije te dječje i adolescentne psihijatrije. Bila je suorganizator istočnoeuropske ljetne škole za dječju i adolescentnu psihoanalizu, suorganizator seminara dječje i adolescentne psihijatrije Dani Maje Beck Dvoržak; jedan od petero predlagača i pokretača postupka za odobrenje hrvatske studijske grupe za psihoanalizu od Međunarodnog psihoanalitičkog udruženja (IPA).

Organizirala je niz stručnih skupova i tečajeva Medicinskog fakulteta, urednik je niza knjiga koje je objavila Medicinska naklada, a koje su bile vezane uz tematske skupove („Psihodinamika ljubavi i mržnje”, urednici D. Marčinko, M. Jakovljević i V. Rudan; 2019.; „Nelagoda u kulturi 21. stoljeća – psihodinamska rasprava”, urednici: D. Marčinko i V. Rudan; 2018.; „Histe-

and Adolescents in the Republic of Croatia; and The Predictive Value of the Assessment of Emotional and Behavioral Problems in Youth.

In cooperation with Prof. Vesna Vidović, she participated in submitting a proposal for a new specialization in child and adolescent psychiatry to the Ministry of Health of the Republic of Croatia. By decision of the Assembly of the Croatian Medical Association, in 1995 she was awarded the Charter of the Croatian Medical Association for her contribution to medical science and the profession, and for the development of health care in the Republic of Croatia.

She was actively involved in psychiatric congresses and congresses on child and adolescent psychiatry (the Congress of the European Union of Child and Adolescent Psychiatrists, international congresses of child and adolescent psychiatry, international congresses of psychoanalysts, and conferences of the European Psychoanalytic Federation; several Croatian congresses of psychiatrists and the Croatian Congress of Child and Adolescent Psychiatry, where she also was an organizer).

Prof. Vlasta Rudan was widely recognized as an outstanding clinician, scientist, organizer of numerous professional meetings, and educator of many colleagues in the fields of psychotherapy, psychiatry, and child and adolescent psychiatry. She was a co-organizer of the Eastern European Summer School for Child and Adolescent Psychoanalysis, co-organizer of seminars in child and adolescent psychiatry “Days of Maja Beck Dvoržak”, and one of five proponents and initiators of the procedure for obtaining the approval of the International Psychoanalytical Association (IPA) for the Croatian Psychoanalytic Study Group.

She organized a series of professional meetings and courses for the School of Medicine and served as editor of a series of books published by *Medicinska naklada*, all in reference to thematic conferences (“Psychodynamics of Love and Hate”, editors D. Marčinko, M. Jakovljević and V. Rudan; 2019; “Discomfort in 21st Century Culture – A Psychodynamic Discussion”, editors D. Marčinko and V. Rudan; 2018; “Hysteria”, editors D. Marčinko and V. Rudan; 2017; “Psychoanalyt-

rija”, urednici: D. Marčinko i V. Rudan; 2017.; „Psihoanalitički modeli komunikacije u vremenu brzih promjena”, urednici: D. Marčinko i V. Rudan; 2016.; „Poremećaji ličnosti: stvarni ljudi, stvarni problemi”, urednici: D. Marčinko, M. Jakovljević i V. Rudan; 2015.; „Žalovanje”, urednici V. Rudan i D. Marčinko; 2014.; „Od nasilja do dijaloga”, urednici V. Rudan i D. Marčinko; 2014.; „Narcistični poremećaj ličnosti i njegova dijagnostička opravdanost – doprinos međunarodnoj raspravi”, urednici D. Marčinko i V. Rudan; 2013.).

Bila je član niza stručnih društava: Hrvatska akademija medicinskih znanosti, HLZ, HD za psihoanalitičku psihoterapiju, HD dojenačke, dječje i adolescentne psihijatrije, IPA (Međunarodno psihoanalitičko udruženje), IACAPAP (Međunarodno udruženje dječje i adolescentne psihijatrije), ESCAP (Europsko udruženje dječje i adolescentne psihijatrije), HD za personologiju, poremećaje ličnosti i poremećaje hranjenja. Od 2015. bila je aktivna unutar Centra za unaprjeđenje mentalnog zdravlja, vezanog uz Medicinski fakultet u Zagrebu te je nesebično davala podršku studentima fakulteta.

13. studenog 2025. organizirali smo tečaj Medicinskog fakulteta „Dobri odnosi” (uz popratnu knjigu), s međunarodnim sudjelovanjem, a koji smo posvetili sjećanju na našu prof. Vlastu Rudan.

Krasila ju je mudrost srca i nesebični angažman u pomaganju drugim ljudima. Hvala joj na svemu dobrom što nam je dala i što je nemjerljivo!

Darko Marčinko

ic Models of Communication in a Time of Rapid Change”, editors D. Marčinko and V. Rudan; 2016; “Personality Disorders: Real People, Real Problems”, editors D. Marčinko, M. Jakovljević and V. Rudan; 2015; “Mourning”, editors V. Rudan and D. Marčinko; 2014; “From Violence to Dialogue”, editors V. Rudan and D. Marčinko; 2014; “Narcissistic Personality Disorder and Its Diagnostic Justification – A Contribution to the International Debate”, editors D. Marčinko and V. Rudan; 2013).

She was a member of numerous professional associations: the Croatian Academy of Medical Sciences, the Croatian Medical Association, the Croatian Association for Psychoanalytic Psychotherapy, the Croatian Society for Infant, Child and Adolescent Psychiatry, the International Psychoanalytical Association (IPA), the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), the European Society for Child and Adolescent Psychiatry (ESCAP), and the Croatian Society for Personology, Personality Disorders and Eating Disorders. As of 2015, she was actively involved with the Centre for Mental Health Improvement, affiliated with the School of Medicine in Zagreb, where she selflessly provided support to the students.

On 13 November 2025, we organized a course at the School of Medicine, entitled “Good Relationships” (with an accompanying book), which involved international participation, and which we dedicated to the memory of our Prof. Vlasta Rudan.

She was distinguished by wisdom of the heart and her selfless commitment to helping others. We are deeply thankful for all of her immeasurable contributions!

Darko Marčinko

Vlastu smo izgubili na bolan način iznenada.

Ostala nam je tuga za dragom i bliskom osobom. Mnoge nas je zadužila. Bitno je utjecala na razvoj dječje i adolescentne psihijatrije, psihoanalize i psihoanalitičke psihoterapije u našoj sredini.

Najbolje što je imala – empatiju, znanje i umijeće – dala je svojim mladim pacijentima pomažući im prebroditi burna razdoblja njihovih života.

Kada se pogleda samo njezina biografija i impresivan popis vrijednih znanstvenih i stručnih radova, ostajemo zadivljeni širinom znanja, njezinom silnom radnom energijom i predanošću svojem pozivu. Vlasta je bila poznata po tome što kad se bavila svojim pacijentima kao da nije postojalo radno vrijeme. Ostajala bi na klinici nakon što su sve smjene završile. Bavila se najsloženijim i najtežim pitanjima koje srećemo u dječjoj i adolescentnoj psihijatriji, pitanjima odrastanja, krize identiteta, promjene raspoloženja i gradnje strukture ličnosti u adolescenciji.

U svakodnevnom životu Vlasta je bila ugodna sugovornica u mnogim temama. Imala je široko obrazovanje i interese, dobro je poznavala književnost. Zanimala su je različita društvena pitanja. Bila je temperamentna u nastupu i izlaganju svojih stavova, jasna, razumljiva i zanimljiva.

Voljeli su je pacijenti, divili su joj se edukanti, poštovali su je suradnici.

Kao i svatko od nas u svakodnevnom životu znala je biti emotivna. Znala se razveseliti i naljutiti. Imala je jak osjećaj dužnosti i odgovornosti i stroge etičke kriterije. Kad bi se naljutila, nekad i opravdano, to bi izgledalo opasno, ali neraspoloženje nije dugo trajalo. Voljela se i našaliti pa je uz nju bilo vedrih trenutaka.

U pogledu njezina znanstvenog i stručnog doprinosa, koji ima odjek i izvan naše sredine, željela bih posebno istaknuti jednu naoko

The loss of Vlasta was sudden and painful.

We are left with grief for a colleague who was dear and close to us. Many of us are indebted to her. Her contribution to the development of child and adolescent psychiatry, psychoanalysis, and psychoanalytic psychotherapy in our community was immense.

She devoted her best – empathy, knowledge, and skill – to her young patients, helping them weather the turbulent periods of their lives.

Viewing her biography and the impressive list of valuable scientific and professional publications alone, we are left in awe of the breadth of her knowledge, immense capacity for work, and devotion to her vocation. It was well known that when Vlasta was with her patients, it seemed as if working hours did not exist. She would stay at the clinic long after all shifts had ended. She dealt with the most complex and demanding issues that we encounter in our work in child and adolescent psychiatry, the issues of growing up, experiencing identity crises, mood changes, and building a personality structure during adolescence.

In everyday life, Vlasta was an engaging conversationalist on numerous topics. She had a broad education and diverse interests, and was well-versed in literature. She took an active interest in various social issues. She was temperamental in her approach, and clear, comprehensible and engaging in the presentation of her views.

She was loved by her patients, admired by her trainees, and respected by her colleagues.

Like any of us, she would be emotional in everyday life. She would rejoice and at times get angry. She had a strong sense of duty and responsibility, and upheld strict ethical standards. When she was angry, sometimes justifiably so, it could appear strict, but such bad moods would not last long. She also enjoyed humor, and we spent many joyful moments with her.

In terms of her scientific and professional contributions, which resonate beyond our community, I would like to highlight one seemingly small matter. It is her work on the specialization program

malu stvar. Riječ je o radu na programu specijalizacije iz dječje i adolescentne psihijatrije koji je prethodio stvaranju novih stručnjaka na tom području. Time je omogućila stvaranje Klinike za dječju i adolescentnu psihijatriju u Kliničkom bolničkom centru Zagreb, koji se sada može svrstati među vodeće medicinske ustanove u svijetu.

Vlaste se najradije sjećam s različitih seminara i kongresa, okružene mladim ljudima, vedre, nasmiješene, opuštene, kako živahno razgovara. Voljela je oko sebe okupljati mlade motivirajući i hrabreći ih u izboru našeg poziva.

Mnogima je bila mentorica i suradnica svesrdno im pomažući u napredovanju i veseleći se njihovim uspjesima.

Vlastu ćemo pamtili po njezinoj nadarenosti, nepresušnom znanju i sposobnosti da ga iskoristi u svrhu napretka struke. Krasila ju je humanost i odanost pozivu. Bila je uzor, možda nedostižan, ali nam kao nezaboravan primjer ostaje u sjećanjima.

Vesna Vidović

in child and adolescent psychiatry, which preceded the formation of new specialists in this field. In this way, she enabled the establishment of the Department of Child and Adolescent Psychiatry at the University Hospital Centre Zagreb, which can now be ranked among the world's leading medical institutions.

My fondest memories of Vlasta are from various seminars and congresses where she was surrounded by young people, cheerful, smiling and relaxed, engaged in lively conversation. She loved to gather young people around her, motivating and encouraging them to choose our profession.

She was a mentor and collaborator to many individuals, providing wholehearted support for their professional advancement and rejoicing in their successes.

We will remember Vlasta for her talent, her inexhaustible knowledge, and ability to use it for the advancement of the profession. She was distinguished by her humanity and devotion to her calling. She was a role model, perhaps an unattainable one, but will remain unforgettable in our memories.

Vesna Vidović